



CHAVANA
— SPA —



Spa open 10am to 10pm

The Pacific Sutera Hotel

Journey of the Senses 2 hrs 30 mins RM680
Immerse yourself in an unforgettable journey of the senses. Citrus Footbath ~ Lime Body Wash and Choice of Botanical Body Polish ~ Infrared Detox Sauna or Aromatherapy Floral Bath ~ Traditional Balinese Massage ~ Elemis Taster Facial.

Frangipani Body Glow 2 hrs RM660
Entice your body to an exfoliation with a difference. Warmed oils drizzled over your body ~ sumptuous Elemis Exotic Lime & Ginger Salt Glow massaged into the skin to slough away dryness ~ shower ~ embalm the body with Elemis Exotic Frangipani Monoi Oil ~ receive a relaxing scalp massage and a mini facial whilst wrapped in the fragrant cocoon ~ Traditional Balinese Massage.

Ocean Detox Wrap 1 hr 55 mins RM530
Essentially a seaweed and clay body treatment designed to stimulate the lymphatic system, purge impurities and provide a mineral blast to the skin. A foil wrap is used to encourage the elimination of toxins, while a scalp massage manages to seemingly cleanse your mind. After a detoxifying infrared sauna session and cleansing tea, lie down, close your eyes and sink into heaven with a body massage using a purifying blend of essential oils.

Spa Discovery 1 hr 20 mins RM350
Age-old tradition combines with the finest European skincare for a deliciously relaxing experience. Traditional Balinese Massage ~ Elemis Taster Facial.

Heaven & Earth 1 hr 20 mins RM340
This treatment package begins with a Traditional Balinese Massage to unwind and is followed with a Refresher Facial to leave you glowing.

Chavana Massage 1 hr 20 mins RM660
50 mins RM415
Chavana's signature massage is a fusion of global techniques performed by two therapists at the one time.

Traditional Balinese Massage 1 hr 20 mins RM360
50 mins RM225
Passed down through the generations this massage is designed to loosen tight muscles and improve energy flow through the body.

Muscle Ease Massage 1 hr 20 mins RM360
50 mins RM225
A deep tissue massage that relaxes the tired muscles, easing muscular tension and stress related knots.

Asian Foot Massage 50 mins RM205
Inspired by a selection of different Asian massage styles, this combination of strokes stimulates circulation, relieves tired and painful feet.

Express Massage 30 mins RM120
For those of you on a tight schedule, this short but effective massage will help to relieve tension and stress.

Purity Facial 50 mins RM225
Using fresh ingredients prepared daily in the Spa kitchen. This facial treatment delivers cleaner, healthier and smoother skin.

Spa Add-on
Infrared Detox Sauna 20 mins RM115
Infrared Detox Sauna Program 5 x 20 mins RM525

Elemis Pro-Collagen Quartz Lift Facial 1 hr 15 mins RM555
Anti-wrinkle facial with proven results.
Clinically proven to reduce the number of wrinkles by up to 94% and improve skin firmness by up to 57% after just 1 treatment*. Specialised lifting massage, combined with proven marine extract, Padina Pavonica, helps re-energise cell communication and rejuvenate skin.

Elemis White Brightening Facial 1 hr RM555
Illuminates and brightens for a naturally more even complexion.
This highly effective white brightening facial visibly illuminates the complexion to leave it naturally more even and translucently clear. Precision, feather-light movements delicately layer proven brightening actives on the skin to encourage the breakdown and washing-out of melanin, whilst reducing the visible dullness that develops over time. This targeted treatment responds to individual skin needs, helping to reduce age spots, discolouration, and dull skin tone and texture on the face, neck, décolleté, arms and hands. Leaves the complexion illuminated, more even and beautifully white bright.

Elemis Skin IQ+ Facial for Men 1 hr RM510
Anti-ageing booster for tired, stressed and dehydrated skin.
The ultimate skin overhaul for maximum anti-ageing results. Charged with clinically proven Time Defence Wrinkle Delay and Eye Reviver, this treatment is tailored to help combat the effects of a hectic lifestyle and environmental stressors.

Elemis Skin Specific Facial 1 hr RM300
The perfect skin maintenance facial.
Customised to your skin type, this facial combines skin conditioning plant actives, a prescribed mask and unique eastern facial massage techniques. Your face is deeply cleansed to help renew radiance, nourish and balance skin.

**Independent clinical trials*

Elemis Exotic Lime & Ginger Salt Glow 45 mins RM275

Invigorating deep cleanse.

Feel your senses lifted and your body invigorated by the sublime Exotic Lime and Ginger Salt Glow infused with skin enriching Japanese Camellia Oil Blend. After light body brushing, warm oil is drizzled luxuriously over the body. Skin is deeply cleansed, leaving it silky-smooth and glowing.

Elemis Exotic Frangipani Body Nourish Wrap 45 mins RM275

Deeply nourishing aromatic treat.

Aromatic Tahitian Coconut and Frangipani flowers are soaked together to produce monoi, which is poured all over your body and then cocooned in a nourishing foil wrap. Skin is drenched with moisture for immediate softness, suppleness and radiance.

Gift Certificate

Gift certificate purchase is available for all spa treatments or at a value amount. Please contact our Spa Reception for further details.

Homecare & Gifts

Luxury skin and body care products along with beautiful gifts are available at our spa boutique.

Spa Basics

Should I reserve my treatments?

Yes, either phone or visit the spa to book a reservation at your earliest convenience so we may accommodate your schedule.

When should I arrive?

Please arrive at the spa 15 minutes before the scheduled time to check-in and change.

What if I have special health considerations?

Please notify our Spa Manager or Receptionist before booking your treatments if you have high blood pressure, allergies, other physical ailments or disabilities, or if you are pregnant. If you have any concern at all, let us know.

What do I wear during my treatment?

You may wish to wear your own bikini or briefs, or we can provide you with hygienic disposable briefs. Choose what is most comfortable for you. Our therapists will always use draping techniques to respect your privacy.

What about my valuables?

Please leave valuables in the safe in your hotel room, as we do not assume any liability for personal items.

What if I'm late for my appointment?

Arriving late will simply limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest is not delayed.

What if I need to cancel a spa reservation?

The treatments you select are reserved especially for you. Guests will be charged 50% for treatments not cancelled six hours in advance.

What about payment for spa services?

You may charge spa services to your hotel bill. We accept all major credit cards (Visa, AmEx, MC, JCB).



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A Mandara Spa Company