



CHAVANA  
— SPA —



Sensatori Sharm El Sheikh

## Packages

**Journey of the Senses** 2 hrs 05 mins 900EGP  
Immerse yourself in an unforgettable journey of the senses. Citrus Footbath ~ Lime Body Wash and Choice of Botanical Body Polish ~ Traditional Balinese Massage ~ Refresher Facial.

**Hammam** 1 hr 30 mins 750EGP  
Inspired by the ancient Turkish bath, this treatment includes a deep scrub in the warm Hammam room to exfoliate your skin, cleansing ritual with soap bubbles, natural facial mask while enjoying a warm herbal drink in the relax zone and ending with a 30-min back, neck and shoulder massage.

**Heaven & Earth** 1 hr 20 mins 690EGP  
This treatment package begins with a Traditional Balinese Massage to unwind and is followed with a Refresher Facial to leave you glowing.

## Facial

**Purity Facial** 50 mins 390EGP  
Using fresh ingredients prepared daily in the Spa kitchen. This facial treatment delivers cleaner, healthier and smoother skin.

## Massages

**Chavana Massage** 50 mins 720EGP  
Chavana's signature massage is a fusion of global techniques performed by two therapists at the one time.

**Warm Stone Massage** 50 mins 590EGP  
A massage therapy that employs smooth warmed stones on the body to relax muscles and improve blood circulation.

**Muscle Ease Massage** 50 mins 500EGP  
A deep tissue massage that relaxes the tired muscles, easing muscular tension and stress related knots.

**Traditional Balinese Massage** 50 mins  
Single 420EGP  
Couples 800EGP  
Passed down through the generations this massage is designed to loosen tight muscles and improve energy flow through the body.

**Asian Foot Massage** 50 mins 390EGP  
Inspired by a selection of different Asian massage styles, this combination of strokes stimulates circulation, relieves tired and painful feet.

**Express Massage** 30 mins 300EGP  
For those of you on a tight schedule, this short but effective massage focusing on the back, neck and shoulders will help to relieve tension and stress.

## Body Scrubs

**Hibiscus Body Scrub** 50 mins 420EGP  
Inspired by the invigorating fragrance of Hibiscus flowers, green tea and rice powder, this body scrub removes dead skin, complemented with a carrot conditioner to moisturise and keep the skin smooth. Not recommended for sunburned skin.

**Green Tea-Spice Body Wrap** 50 mins 420EGP  
Infused with rich aromas of fresh ground rice and green tea, combined with the warming properties of spices, this body wrap is ideal for sore muscles, colds and flu. Cucumber conditioner is applied to cool the body. Not recommended for sensitive or sunburned skin.

## Other treatments

**Spa Pedicure** 1 hr 15 mins 330EGP  
**Spa Manicure** 1 hr 300EGP  
A spa treatment designed for the hands and feet. Includes a hand or foot soak, nail care, nail polish and a relaxing hand and arm or lower leg massage.

**Usage of Spa Facilities** 150EGP  
Indoor Pool, Sauna, Cold Shower and Steam rooms.

## 2, 3 or 4 days Spa Package

Enjoy daily indulgence with our multi-day packages. Every day offers a luxurious spa experience to make your stay unforgettably wonderful. Please contact our spa for more information.

## Weekly Specials

Every week our spa will offer a special treatment or package. Please contact our reception for more details.

## Children's Menu

**Pedicure** 50 mins 290EGP  
**Pedicure with nail art** 1 hr 15 mins 330EGP  
**Manicure** 45 mins 270EGP  
**Manicure with nail art** 1 hr 300EGP  
A fun spa treatment for your princess hands where you can choose bright colors and nail art. Includes a hand or foot soak, nail care, nail polish and a relaxing hand and arm or lower leg massage.

**Back, Neck and Scalp Massage** 30 mins 255EGP  
We promise not to tickle you in this wonderful soft massage done near the indoor pool or in an outdoor area of the resort. Bring your mom and dad so they can watch over you.

## Teens' Menu

**Pedicure** 50 mins 290EGP  
**Pedicure with nail art** 1 hr 15 mins 330EGP  
**Manicure** 45 mins 270EGP  
**Manicure with nail art** 1 hr 300EGP  
A complete spa treatment for hand and feet, where you can choose bright colors and even a French style finishing. Includes a hand or foot soak, nail care, nail polish and a relaxing hand and arm or lower leg massage.

**Back, Neck and Scalp Massage** 30 mins 255EGP  
Come join us near the indoor spa pool or outdoor area for a relaxing spa treatment. This massage will leave you feeling relaxed and ready for another fun day on your holiday.

All prices are quoted in Egyptian Pounds and inclusive of Tax and Service Charge. Rates are subject to change without prior notice.

## Spa Basics

### Should I reserve my treatments?

Yes, either phone or visit the spa to book a reservation at your earliest convenience so we may accommodate your schedule.

### When should I arrive?

Please arrive at the Spa 15 minutes before the scheduled time to check-in and change.

### What if I have special health considerations?

Please notify our Spa Manager or Receptionist before booking your treatments if you have high blood pressure, allergies, other physical ailments or disabilities, or if you are pregnant. If you have any concern at all, let us know.

### What if I'm late for my appointment?

Arriving late will simply limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest is not delayed.

### What do I wear during my treatment?

You may wish to wear your own bikini or briefs, or we can provide you with hygienic disposable briefs. Choose what is most comfortable for you. Our therapists will always use draping techniques to respect your privacy.

### What about my valuables?

We advise guests not to bring valuables to the spa as we do not accept liability for loss. For all other personal items we provide lockers.

### What if I need to cancel a spa reservation?

The treatments you select are reserved especially for you. Guests will be charged 50% for treatments not cancelled six hours in advance.

### Who will be responsible for my child during his/her treatment?

We have something for every member in the family. However, children and teens (under 18) must be accompanied by an adult.

### What about payment for spa services?

You may charge spa services to your hotel bill.



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A Mandara Spa Company